Harris Ranch Fresh Seasoned Spicy Sesame Inside Skirt Steak

Harris Ranch Spicy Sesame Inside Skirt Steaks are already seasoned for your convenience. We use Pappy's Spicy Seasme seasoning blend which is a traditional Asian-inspired combination of citrus, garlic, bold sesame and pepper.

The inside skirt is located at the bottom of the rib section, and it is perfect for marinating and grilling. Since it is lean, it's best when sliced thinly across the grain.

Product Features

- Produced from the finest grain fed beef.
- We start with closely trimmed Harris Ranch skirt steak, a lean beef cut perfect for grilling.
- Seasoned with Pappy's Spicy Sesame seasoning blend using a vacuum tumbling method for superior tenderness and flavor throughout.
- Very convenient; no mess and easy to prepare.
- Versatile – grill or broil, slice thin and serve with rice or noodles and fresh vegetables.

Nutrition Information

Nutrition Facts
Serving Size 4 oz.(113g)
Servings Per Container: Varied

Amount per Serving	
Calories 170	Calories from Fat 70
	% Daily Value*
Total Fat 8g	**12%**
Saturated Fat 2.5g	**13%**
Trans Fat 0g	
Cholesterol 50mg	**17%**
Sodium 830mg	**35%**
Total Carbohydrate 7g	**2%**
Dietary Fiber 0g	**0%**
Sugars 5g	
Protein 19g	
Vitamin A 2% •	Vitamin C 0%
Calcium 2% •	Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Inside Skirt - Spicy Sesame
Harris Ranch Beef Co. • Selma, CA 93662

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Ingredients: Beef, *Seasoning (Soy Sauce [Water, Soybeans, Wheat, Salt, Hydrolyzed Soy Protein, Molasses, Caramel Color, Corn Syrup], Water, Brown Sugar, Orange Juice [Water, Orange Juice Concentrate, Ascorbic Acid], Honey, Rice Wine, Onion Powder, Garlic Powder, Sesame Oil, Sesame Seeds, Ginger, Pepper, Paprika, Xanthan Gum), Salt, Sodium Acetate, Sodium Diacetate, Wheat Flour, Defatted Soy Flour, Nonfat Dry Milk.

Contains: Wheat, Soybeans, Milk

Preferred Method-Grilling: Pre-heat grill to medium setting. Place the seasoned Skirt Steak on the cooking grate turning every 5 minutes. Cook for 20 minutes. Cut the meat to check for doneness. Extend the cooking time, turning every 5 minutes, until desired degree of doneness.

Oven Broiling : Preheat oven for broiling. Place beef on broiler pan and position pan in oven so that surface of beef is within 3-4" from heat source. Broil for approximately 7-8 minutes, remove and turn beef. Cook for an additional 7-8 minutes or until beef reaches the desired degree of doneness. Slice meat in ¼" strips and serve immediately.

Questions or comments, call 1-800-742-1955, 8a-4p PST PO211 Rev11/06

Product Specifications

Product Code:	6383214 (Combo Pack)
Piece Weight:	Random
Case Count:	4*
Case Weight:	16 lb. Average
Case Size:	19" X 15.5" X 5.5"
Cases/Pallet	48
Case Cube:	.94
High:	8
Tie:	6
Package Tare:	.03
Shelf Life	Guaranteed 21 days

** Available only in a combo case of 4 pieces spicy sesame and 4 pieces teriyaki*